## SHAV 2024 - Friday 3/22 4:45-5:45 PM

## Welcome to our Mentor/Mentee Relationship Session!

"Every individual must be given the opportunity to unearth his/her highest potential" (Akita).

Survey: Have you had the opportunity to mentor or be a mentee? Was the overall experience positive or negative?

**Roles:** Mentors guide, support and challenge their mentees with learning job tasks, including the 'hidden curriculum' : professionalism, ethics, values, career development, financial issues, and the art of practice. Mentees identify their goals and develop actionable plans to reach these goals, all while also serving as a resource to their mentor.

**Origin of the word:** The tradition of mentoring is rooted in Greek mythology, when Odysseus (Ulysses) entrusted the care of his son, Telemachus, to Mentor. Mentor's name survives to this day to refer to the activity in which an experienced person takes an interest in one who is less experienced, to guide him or her to proficiency" (Kent, 2006).

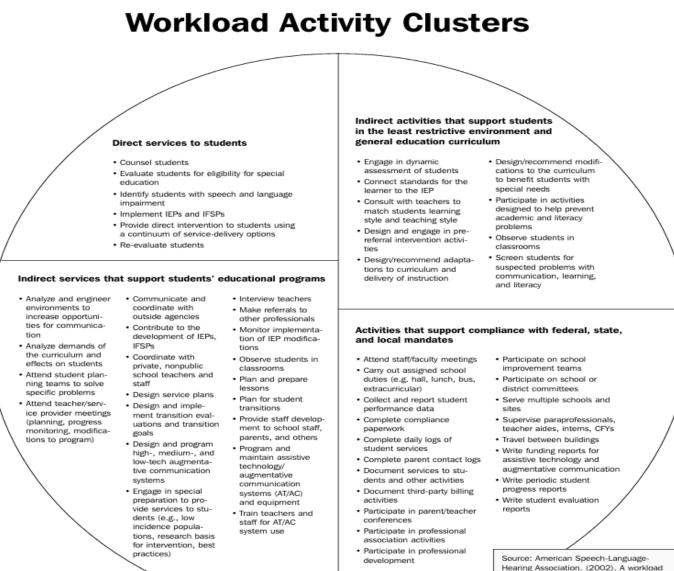
**Problem Solving Ideas:** 

## Followup Survey: Have your thoughts or feelings about mentoring changed?

A mentoring relationship flourishes most successfully when it is built on trust, respect, honesty, flexibility, understanding others perspectives and perseverance (Future Leaders of Yale, n.d.).

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Workload components for school-based SLPs will be addressed utilizing this ASHA workload activity diagram that highlights roles and tasks required of a mentor and a mentee during the mentorship process (American Speech-Language-Hearing Association, 2002).



Hearing Association. (2002). A workload analysis approach for establishing caseload standards in the schools. Guidelines. ASHA Desk Reference (vol. 3). Rockville, MD: Author.