

GET TO KNOW YOUR LEGISLATORS

Name		Position	
Date of Birth		Party	
Social Media	(h) (i) (i) (i) (ii) (ii) (ii) (ii) (ii)	Office Address	
Committees		Office Phone	
Issues/ Platforms		Email	
Other Notes			

http://whosmy.virginiageneralassembly.gov

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Advocacy in Action Year Round

Ways to engage and inform your legislators all throughout the year about what you do and who you serve.

January	Martin Luther King Jr. Day SHAV Advocacy Day National Birth Defects Prevention Month National Winter Sports TBI Awareness Month
February	Valentine's Day
March	St. Patrick's Day National Traumatic Brain Injury Awareness Month
April	National Autism Awareness Month Oral Cancer Awareness Month National Public Health Week (April 6–12)
May	Better Speech and Hearing Month Apraxia Day (May 14th) National Stroke Awareness Month (link national assoc) National Stuttering Awareness Week (May 11–17)
June	Juneteenth Alzheimer's and Brain Awareness Month National Aphasia Awareness Month Helen Keller Deaf-Blind Awareness Week (June 28– July 4)
July	Helen Keller Deaf-Blind Awareness Week (June 28– July 4) 4th of July National Cleft/Craniofacial Awareness/Prevention Month
August	National Health Center Week (Aug 9-15)
September	Alzheimer's Awareness Day (Sept 19) Newborn Screening Awareness Month World Alzheimer's Month
October	National Protect Your Hearing Month International Stuttering Awareness Day (Oct 22) National Bullying Prevention Month
November	Election Veterans Day National Alzheimer's Disease Awareness Month National Family Caregivers Month National Hospice Palliative Care Month Prematurity Awareness Month World Prematurity Day (Nov. 17)
December	Winter Holidays



Introduce Yourself

Position		Setting	
How long you have been there		What you do	
What you enjoy about your work			
Introduce Your Cli	ients		
Clients you serve (ages, area, etc)		Communication Disorders Addressed	
Connect To Your I	Legislators		
Are there any connections?			
Putting It Togethe	r		
Elevator Speech: Introducing Yourself			



To Contact

Action #1

Action #2

Action #3

Introduce Your To	ppic: National Level		
The Issue		Related bills	
The Background			
The Benefit		The Concern	
How it impacts your clients		Perspectives of your clients	
How it impacts you		Other Notes:	
Are there any connections?	Legislators		
Putting It Togethe	er		
Elevator Speech: Introducing Topic	(National)		
Action Plan			
Additional Data Needed		How To Acquire Data	
Stakeholders			

Goal Date

Goal Date

Goal Date



Introduce Your To	opic: Sta	ate Level		
The Issue			Related bills	
The Background				
The Benefit			The Concern	
How it impacts your clients			Perspectives of your clients	
How it impacts you			Other Notes:	
Connect To Your	Legislat	tors		
Are there any connections?				
Putting It Togethe	er			
Elevator Speech: Introducing Topic	: (State)			
Action Plan				
Additional Data Needed			How To Acquire Data	

Additional Data Needed	How To Acquire Data	
Stakeholders To Contact		
Action #1	Goal Date	
Action #2	Goal Date	
Action #3	Goal Date	



To Contact

Action #1

Action #2

Action #3

Introduce Your To	pic: Lo	cal Level	
The Issue		Related Bill	
The Background			
The Benefit		The Concern	
How it impacts your clients		Perspectives your clients	of
How it impacts you		Other Notes:	
Connect To Your	Decisio	n Makers	
Are there any connections?			
Putting It Togethe	er		
Elevator Speech: Introducing Topic	(Local)		
Action Plan			
Additional Data Needed		How To Acquire Data	1
Stakeholders			

Goal Date

Goal Date

Goal Date